

May 4th, 2025

Sermon: A New Way Part 3: Don't Worry

Main text: Matthew 7:25-34

SMALL GROUP DISCUSSION QUESTIONS

1. What does this story tell me about God?

2. What does this story tell me about people (or about myself)?

3. If this is God's word for my life, how will I obey it?

4. Who am I, going to tell?

Key points, Questions and quotes to reflect on and discuss from Craigs message:

Question - What keeps you up at night?

What are some of the worries? Or the anxieties? Or the concerns you are carrying?

Read vs. 25 - "Therefore I tell you do not worry about your life..."

a. Define the word 'worry'... anxious, concern,

i. The Greek word can be positive or negative – examples where the Greek word is used elsewhere in scripture?

1. **Philippians 2:20** – Paul commends Timothy – who shows genuine concern for their welfare

2. Martha and Mary – Luke 10:41

ii. **Disclaimer about worry or anxiety**... low level anxiety vs. medically diagnosed or bodily response to anxiety. In what you hear today I don't want you to hear me, or more importantly, Jesus... taking this topic lightly. It's not meant to address significant/diagnosed anxiety.

b. So - The teaching is quite simple... 'don't worry.' But that's not helpful typically... is it? For someone who worries, to simply say, don't worry won't help. Thankfully Jesus goes on to give some reason why we shouldn't worry.

Please Read Matthew 6:34 – "Therefore... do not worry about tomorrow... each day has enough trouble of it's own"

a. In this world we will have trouble (**John 16:33**) so this passage is not about eliminating the trouble from our lives... but it is about trusting God in the midst of the trouble we face. We don't need to worry because...

i. God loves us – we matter to him (more than birds and grass)

ii. God knows what we need and wants to meet our needs.

iii. He's inviting us to fix our eyes on him, to seek after the things of God, to live intentionally as citizens of his kingdom, and to trust him deeply and not let worry take over in our minds

Closing Question – **How deep is your trust in God these days?**