



October 12th 2025

Sermon: Pneuma: Life In The Spirit | Walk Accordingly

Main text: Romans 8:5-9

SMALL GROUP DISCUSSION QUESTIONS

1. What does this story tell me about God?

2. What does this story tell me about people (or about myself)?

3. If this is God's word for my life, how will I obey it?

4. Who am I, going to tell?

Other, Key quotes; points and questions to reflect on and discuss from Ryan's message:

Key Points:

- There are two rival forces shaping us: **the flesh (sarks)** and **the Spirit**.
- The **mindset** governed by the flesh leads to *death*; the mindset governed by the Spirit leads to *life (zoe)* and peace (*shalom*).
- The flesh isn't just bodily desires—it's the totality of a broken worldview apart from God.
- **Zoe** = vibrant, Spirit-empowered, incorruptible life.
- A life lived by the Spirit doesn't just "happen"—it requires intentional reorientation of our mind, posture, and practices.
- We are called to become *pillars*, not *platforms*: rooted in faithfulness, not visibility.

Key Quotes:

"Your mind will always influence and shape the reality of your life."

"The law of the Spirit fulfills the law's life-giving intention."

"Zoe is not just biological life—it's incorruptible, Spirit-infused, divine life."

"The mindset governed by the Spirit builds *pillars*. Our culture doesn't need more *trends*—it needs *pillars*."

"Repentance isn't condemnation—it's returning to wholeness."

Key Questions from the message:

What has your mind been most focused on lately?

How do you think that has shaped your outlook, habits, or emotional state?

How would you describe Zoe life in your own words?

Where in your life do you most need that Spirit-filled vitality right now?

What rhythms or practices help you reorient your mind toward the Spirit (e.g., prayer, Scripture, stillness, worship)?

What might God be inviting you to start, stop, or shift?

Are there specific mindsets or postures you need to surrender to experience life and peace?