



October 5<sup>th</sup>, 2025

Sermon: Pneuma: Life in The Spirit | No Condemnation

Main text: Romans 8:1-4

## SMALL GROUP DISCUSSION QUESTIONS

1. What does this story tell me about God?  
\_\_\_\_\_
2. What does this story tell me about people (or about myself)?  
\_\_\_\_\_
3. If this is God's word for my life, how will I obey it?  
\_\_\_\_\_
4. Who am I, going to tell?  
\_\_\_\_\_

**Other, Key quotes; points and questions to reflect on and discuss from Ryan's message:**

### Key Quotes:

- **Romans 8** is the pinnacle of Paul's theology about life in the Spirit.
- The phrase "law" has two meanings here:
  - A **governing principle** (like gravity or instinct)
  - A **written code** (Mosaic law)
- **Law of the flesh:** The natural human tendency to choose sin, even when we know it leads to brokenness.
- **Law of the Spirit:** A vitalizing, life-giving force that leads us into God's intended design for life.
- The Holy Spirit empowers us to live into what the written law could never accomplish **genuine human flourishing**.
- God always intended to work through humans to bring about His purposes in creation (Psalm 8).
- Life in the Spirit isn't just "spiritual" it's **fully human, fully alive, and missionally engaged**.

### Key Quotes:

"There is now no condemnation for those who are in Christ Jesus." – Romans 8:1

"The law of the Spirit leads to life. It fulfills the intention of the written law."

"Within every believer is a vitalizing force that moves us into life."

"God made you to work through you in His world. That has always been His plan."

"You don't just get saved from something—you're saved for something."

**Key Questions to Reflect and discuss and group or family:**

Where in your life do you feel the tension between the “law of the flesh” and “law of the Spirit”?

How do you typically understand the word “law” in Scripture?

a). How does Pastor Ryan’s teaching reshape or clarify that understanding?

Have you ever experienced the Spirit leading you away from sin and into life?

b). What did that feel like, and how did it change you?

Psalm 8 says that God crowned humanity with glory and honor to rule over creation.

What would it look like for you to live with that sense of calling and responsibility?