

March 22nd, 2026

Sermon: His Final Days | Last Supper

Main text: Mark 14:17-26

SMALL GROUP DISCUSSION REFLECTIONS & QUESTIONS...

Key Reflections/Quotes:

- **Meals are a powerful environment.”**
- **“The table is an intersection of social life, identity, and meaning.”**
- **“Don’t get bogged down in the theology... the table is about encountering Jesus.”**
- **“What matters is that those who come... truly feed on Christ.”**
- **“Jesus is still the one who sustains us now and in the age to come.”**
- **“Maybe it’s not just remembrance... maybe we actually meet Him there.”**
- **“Through the Eucharist, the Spirit deconstructs our obsession with power, comfort, and success.”**
- **“On the night He was betrayed... is not a footnote it’s an invitation into His suffering.”**
- **“Here eat this. It is for you.”**

“What mattered was that those who came to the Lord’s Supper (or whatever you called it) in true faith really did ‘feed on Christ. They really were nourished by the person, the presence and the love of Jesus, How that happened, the theological chemistry of it if you like, wasn’t important and probably wasn’t knowable either.” *Brain Bueller*

Before your next time taking communion, pause and ask:

“Jesus, how do you want to meet me here?”

- **Reflect on where you feel:**
 - Spiritually hungry
 - Tired or depleted
- **Begin a simple daily prayer:**
 - “Jesus, be my daily bread today.”
- **Share a meal with someone this week intentionally:**
 - Use it as a space for connection, listening, and presence.

Key Questions...

- 1). When you come to communion, do you approach it more as a ritual, a remembrance, or an encounter and why?
- 2). Where in your life right now do you most need Jesus to “feed” or sustain you?
- 3). How comfortable are you with mystery in your faith (like communion), and what does that reveal about your need for control or certainty?
- 4). What would it look like for you to live a “Eucharist-shaped/Communion shaped life” marked by humility, service, and surrender?
- 5). In what ways have you experienced betrayal, failure, or loneliness and how might Jesus be meeting you at the table in those places?

