

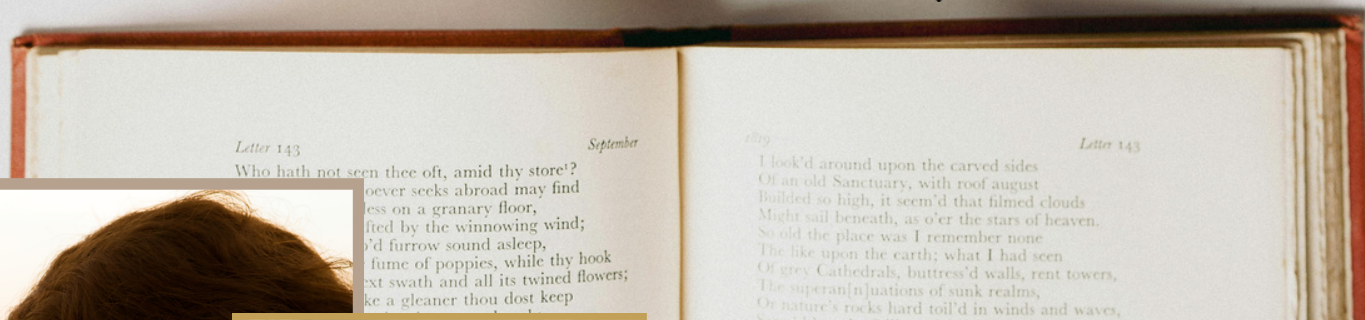
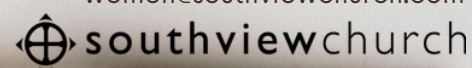


SOUTHVIEW WOMEN FALL NEWSLETTER

403.256.4922

www.southviewchurch.com

women@southviewchurch.com



40 HOURS OF PRAYER

Join us on **September 3 & 4** as we kick off the ministry year with 40 Hours of Prayer. We'd love to have every hour filled, so sign up for a 1-hour time slot and cover our church, ministries, and leaders in prayer.

[REGISTER](#)

MOM'S GROUP WE NEED A LEADER!

Our Mom's Group is a place where moms of infants, toddlers, and preschoolers can find encouragement, build friendships, and grow in their faith together. We're praying for someone with a heart for young moms to step into the role of leading this meaningful ministry.

If you feel God may be nudging you in this direction, or if you'd simply like to learn more about what the role involves, please reach out to us at women@southviewchurch.com



BIBLE STUDY

The Gospel of Mark by Michael Kruger

Monday Evenings 7-8:30pm OR
Wednesday Mornings 9:30-11:15am

Tables groups will be assigned prior to the start of study. Please **register by Sept 9**, if there's someone you want to be seated with. Unfortunately, we cannot accommodate seating requests after this date.

[REGISTER](#)

MOM'S GROUP

Wednesday Mornings 9:30-11am

Whether you're a mom of infants and toddlers or navigating the preschool years, Mom's Group is a place to find encouragement, build meaningful community, and share the joys and challenges of parenting young children.

[REGISTER](#)

FREE CHILDCARE ON WEDNESDAY MORNINGS



[REGISTER](#)



HEALTH & WELLNESS FOR WOMEN

Wednesdays, September 16-November 25, 7-8:30pm

This 10-week program is designed specifically to help women understand their bodies and make lasting changes to improve their energy, strength, confidence, and overall well-being. Topics covered include:

- Metabolism
- Nutrition
- Meal planning
- Exercise & Strength training
- Sleep
- Stress management

NEEDLEWORX

SEPT 24, OCT 29, NOV 26

If you like to knit, crochet, needlepoint, or cross-stitch, we'd love to have you join us on the last Thursday of each month as we work on our projects together in community. We meet from 9:30-11:30am. For more information contact **Dawne at todawne@icloud.com**

M&M MINISTRY

To find out what serve opportunities are coming up, email **Judith at cookiequeen12@gmail.com**

ADVENT DINNER

SAVE THE DATE!

FRIDAY NOVEMBER 27, 2026