

40 HOURS OF PRAYER

Praying for our church,
city, and world.

EACH STATION SHOULD TAKE APPROXIMATELY 10 MINUTES



Welcome to the 40 Hours of Prayer!

This booklet is designed to guide you as you journey through each prayer station. You are welcome to pray on your own or with your spouse, family, or small group.

The prayer stations are located throughout the building:

- Station 1: Worship & Adore (Worship Centre)
- Station 2: God's Mission (Upstairs Loft)
- Station 3: God's Provision (Legacy Wing Classrooms)
- Station 4: Confession (Legacy Centre)
- Station 5: God's Protection (Preschool Classroom 1)
- Station 6: Kingdom Impact (Cardo Cafe)

Each station is intended to take about 10 minutes, allowing you to complete the entire prayer walk in approximately one hour. However, this is simply a guide. Move at a pace that allows you to engage meaningfully with the Lord. If the Holy Spirit prompts you to linger at a particular station, feel free to stay as long as you need.

Please head to the Worship Centre to begin!



STATION 1: WORSHIP & ADORE

Our Father in heaven, hallowed be your name. Matthew 6:9



BEFORE WE PRAY FOR WHAT GOD WILL DO THIS YEAR, WE WANT TO FIRST ADORE HIM FOR WHO HE IS.

Be still, and know that I am God. Psalm 46:10

Ask the Holy Spirit to make you aware of God's nearness and presence, and to quiet your heart and mind as you spend the next few minutes gazing upon the beauty of our God!

Worship through the names and attributes of God: Reflect on what each name or attribute reveals about God's character and praise Him for who He has revealed Himself to be. Use the images on the screens to be reminded of God's glory in creation.

YAHWEH – I AM: eternal, unchanging, always present.

ELOHIM – Creator God: God is the originator and sustainer of all things.

EL SHADDAI – God Almighty: nothing is impossible for Him and He is sufficient for all things.

JEHOVAH JIREH – The Lord will Provide: God sees every need before we do and provides for the needs of His children.

HOLY: God is perfect, pure, and without sin.

SOVEREIGN: God is the ultimate ruler over all things.

GOOD: God always acts in accordance with what is right and true, and cannot contradict His nature.

LOVE: Everything God does is motivated by His unconditional love for His creation.

TRUTH: God is both the origin of truth and standard of truth. His truth is unchanging.





PRAY PSALM 145:1–7

I will exalt you, my God the King; I will praise your name for ever and ever. Every day I will praise you and extol your name for ever and ever.

PROMPT: Praise God for who He is. Thank Him for His character, His faithfulness, and His presence in your life. Worship Him as your King.

Great is the LORD and most worthy of praise; his greatness no one can fathom. One generation commends your work to another; they tell of your mighty acts.

PROMPT: Reflect on the ways you have seen God’s greatness displayed in creation, in Scripture, and in your own life. Thank Him for His mighty works, and pray that His faithfulness would be known by the next generation.

They speak of the glorious splendor of your majesty – and I will meditate on your wonderful works. They tell of the power of your awesome works – and I will proclaim your great deeds. They celebrate your abundant goodness and joyfully sing of your righteousness.

PROMPT: Recall specific ways God has shown His goodness, power, and righteousness. Ask Him to help you boldly proclaim His greatness to those around you.

MOVE TO STATION 2

**Located in the upstairs loft
(use main stairwell or elevator)**

As you move to the next station keep in mind that the success of this ministry year at Southview does not depend first on what we do, but on who God is.



STATION 2: GOD'S MISSION

Your kingdom come, your will be done, on earth as it is in heaven. Matthew 6:10

Not my will, but yours be done. Luke 22:42

Southview belongs to God. He is building His church and invites us to join Him in His work. As we begin a new ministry year, we pray not only for successful programs, but for faithful participation in God's purposes. We want to surrender our own expectations to God and ask Him to align our hearts and ministry with His will.

Southview's Mission: To lead as many as possible to passionately follow Jesus. We seek to be a Spirit-empowered community, who leave a long-lasting Gospel impact in our city and world.

Pray God's vision will shape ours:

On this rock I will build my church, and the gates of Hades will not overcome it. Matthew 16:18

For no one can lay any foundation other than the one already laid, which is Jesus Christ. 1 Cor 3:11

Pray through the following prompts:

- Thank God that He has a purpose for Southview.
- Pray that every ministry remains centered on Christ.
- Ask God to give our pastors, elders, ministry leaders, staff, and volunteers wisdom, humility, and discernment.
- Pray that all decisions made this year will be shaped by prayer and Scripture more than urgency or preference.

Surrender our plans to God:

Whoever wants to be my disciple must deny themselves and take up their cross and follow me. Matthew 16:24

Spend a few minutes offering these things to God:

- Expectations for the year ahead.
- Outcomes we might be tempted to control.
- Areas we are relying on our own strength instead of trusting God.
- Surrender your plans, timeline, desire for control or recognition.
- Ask for faith to trust God where our plans differ from His.
- Ask God to shape our hearts to desire the things He does.

Pray with expectancy for God to act:

Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. Mark 11:24

Our confidence is not in our own strength or abilities but in God's faithfulness. He will fulfill His purposes for Southview. When we ask according to His will, He will answer. Pray for this ministry year with hopeful expectation that God will act. Ask specifically for God to:

- Draw people to Jesus.
- Transform lives through the power of His gospel.
- Deepen discipleship at Southview.
- Expand opportunities to serve our city.
- Raise up new leaders.
- Produce lasting fruit that brings glory to God.
- Leave a redemptive impact on our city as we participate in His kingdom purposes.



MOVE TO STATION 3

Located in the Legacy Wing Classrooms

As you move to the next station be reminded that God invites us to faithfully join Him in His mission to build His kingdom here on earth. May Southview be a church that follows where He leads, trusts what He promises, and joyfully proclaims, "your kingdom come, your will be done, on earth as it is in heaven."



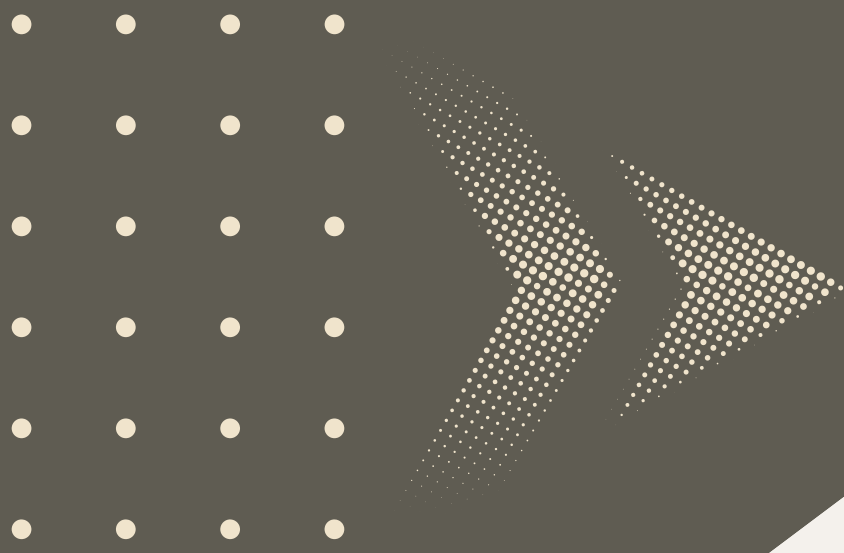


STATION 3: GOD'S PROVISION

Give us today our daily bread. Matthew 6:11

And my God will meet all your needs according to the riches of his glory in Christ Jesus. Philippians 4:19

Spend a couple minutes thanking God for His provision in your life. Lift up any needs you have to Him and ask Him to help you trust His provision and His timing in these things.



God's Provision for our Ministries:

Let your light shine before others, that they may see your good deeds and glorify your Father in heaven. Matthew 5:16

Father God, we begin this ministry year acknowledging that everything we have comes from You. You are the foundation upon which we stand, the light that guides our path, and the strength that sustains us in every circumstance. Let all we do be for Your glory and for the advancement of Your kingdom. Teach us to depend on Your wisdom, Your strength, and Your provision in every area of ministry. Shine through us so Your light and hope are seen in the communities in which you've placed us.

Our Ministry Volunteers:

Each of you should use whatever gifts you have received to serve others, as faithful stewards of God's grace. 1 Peter 4:10

Praise God for the many volunteers He has raised up here at Southview. Ask God to continue to:

- Fill them with wisdom and discernment.
- Guard them in truth and enable them to persevere in the faith.
- Strengthen them spiritually, emotionally, and physically.
- Protect their families and relationships.
- Give them courage to serve with humility, integrity, and unity in purpose.
- Lead by the power of the Holy Spirit rather than relying on their own strength.

Ministries & Needs:

Unless the LORD builds the house, the builders labor in vain. Psalm 127:1

Choose 2–3 ministries from the next page that are close to your heart and pray for their needs specifically. Ask God to:

- | | |
|--------------------------------------|---|
| • Root each ministry in His word. | • Protect ministries from discouragement, distraction, and division. |
| • Guard them in truth. | • Be inviting and welcoming. |
| • Bear lasting spiritual fruit. | • Reflect God's love and care for the hurting, vulnerable, and oppressed. |
| • Point people to Christ. | |
| • Make disciples who make disciples. | |



Children’s:

- For God to lead us to the person He has prepared to shepherd, equip, and encourage our children and families. Pray for wisdom and discernment throughout the search and hiring process.
- That every child who comes through our Kids Ministry would experience the love of Jesus, hear the truth of the Gospel, and come to know Him personally.
- That God would call and equip people to serve in Kids’ Ministry so we have a safe, welcoming, and nurturing environment where every child can grow in their faith.

Marriage Ministry:

- For wisdom and guidance for pre-marriage facilitators as they help couples build Christ-centred foundations.
- For continued engagement in pre-marriage preparation.
- That couples would grow together in Christ as they prepare for marriage.

25–35:

- That many who fit this demographic would continue to engage in the monthly gatherings, and more small groups would form for deeper community & connection.
- For wisdom and guidance for the leadership team.

Care Ministry:

- For our church to be generous in giving to the Benevolent fund, and for people receiving practical help from this fund to experience God’s love and compassion.
- For our Care Ministry volunteers to be strengthened and led by the Holy Spirit as they pray for and encourage those going through challenging times.
- For wisdom for our Care Ministry Staff as we lead our various Care Ministries

Young Adults:

- Leadership Team: We are working through developing a more thorough leadership team – Pray for the right young adults to come forward and serve!
- Hearing God’s Voice: We will be spending 6 weeks exploring different ways that God speaks and each week having a practical exercise for it. Pray that these Young Adults discover the voice of God in new ways.

Support Groups:

- For our Seniors’ Coffees & Bible Study to be places of meaningful connection, growth and encouragement.
- That our Support Groups (Grief Share, Divorce Care, Dementia Caregivers) are places of refuge for people going through difficult circumstances.
- For the Sanctuary Course to be a place of learning and support for those going through, or caring for people facing challenging mental health journeys.
- For the leaders of these ministries to be filled with the Spirit and have strength & wisdom to lead & care well for others.

Small Groups:

- A smooth transition for our new Pastor.
- Strong engagement for our congregation to connect in small groups.
- That people will grow in their faith through intentional community, discipleship, and life-on-life relationships.

Men’s Ministry:

- Strong, year-round engagement in this ministry.
- For men to grow in their relationship with Christ and build meaningful, supportive relationships with each other.
- For wisdom and guidance for our leadership team as they lead and plan for the year ahead.

Women’s Ministry:

- For a new leader for Mom’s Group to disciple, mentor, and encourage our moms.
- For a hunger for God’s Word, a desire to seek God in prayer, and for women to grow deeper in their relationship with Christ and find their identity in Him.
- For wisdom, humility, protection, & dependence on the Spirit for our leaders and volunteers.
- For women to step forward and use their gifts to serve.

Youth:

- ASCEND Youth Retreat (September 25–27): Pray that our students would encounter God, form new friendships, and have lots of fun away.
- Fall Youth Series: Face to Face – Exploring interactions God has with his people: Pray that students would discover the voice of God in their lives. As we practice hearing from God, pray that any other voices would be silenced and students would have clarity.
- Youth Leaders: Many of our youth leaders are returning to school this fall. Pray as they manage school, work, and serving.

Let us hold unswervingly to the hope we profess, for he who promised is faithful. Hebrews 10:23

MOVE TO STATION 4

Located downstairs in the Legacy Centre. (please use back stairwell unless mobility requires use of the elevator).

As you move to the next station be reminded that in the same way God provided manna for His people every day in the desert, He has promised to provide for our needs. We can trust Him to provide for He is faithful.



STATION 4: CONFESSION

And forgive us our debts, as we also have forgiven our debtors. Mt 6:12

Notice, the Lord's prayer uses "us" and "our." Repentance isn't only individual, it's also communal.

PERSONAL CONFESSION:

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24

God invites us to continually turn away from sin and towards life in Christ. Repentance, therefore, should be a regular rhythm of following Christ in our everyday life and part of continually aligning our hearts with His. When we repent and turn from sin, God meets us with grace, love, and mercy through the blood of Christ.

Ask God to search your heart:

- Where have you been resisting God's will?
- Where have you chosen comfort or desire over obedience?
- What debt do you need to confess today?

Praise God that:

- In Christ, your debt has been cancelled. You are forgiven.
- God's mercies towards you never run out. They are new every morning.
- Christ enables you to extend the forgiveness you have received to others.

CORPORATE CONFESSION:

We want to confess not only personal sin but also the ways we, as the church and community of believers, have failed to reflect God and His kingdom.

Most merciful God, we confess that we have sinned against You in thought, word, and deed, by what we have done and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. Give us Your grace, to turn and return, again and again to you. For the sake of Your Son Jesus Christ, have mercy on us and forgive us, that we may delight in Your will, and walk in Your ways, to the glory of Your name.

Father, forgive us:

- When we fail to image Christ and live contrary to the Gospel we proclaim.
- When we fail to share the Gospel with love and urgency.
- When we speak truth without love, or love without truth.
- When we are indifferent to people in need.
- When we ignore injustice or let hypocrisy turn others away from You.
- When we let cultural, political, or personal differences divide us.
- When we fail to see beyond the walls of our church and prioritize programs over people.

FORGIVENESS:

Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. Colossians 3:13

- Is there someone you've been unable to forgive?
- Ask God to help you entrust justice to Him and release you from any bitterness towards this person.

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9



MOVE TO STATION 5

Located in Preschool 1

As you move to the next station remember, all of us who have given our lives to Christ are completely forgiven through His death and resurrection. He fully paid the debt we owe. Our continued confession is about trusting that His sacrifice on our behalf is enough, and then regularly reorienting our life and heart to His in thanksgiving and praise.



STATION 5: GOD'S PROTECTION

Lead us not into temptation, but deliver us from the evil one.
Matthew 6:13

We can't follow Christ in our own strength. We need God to graciously fill us with the power of His Spirit everyday, to guide our steps, guard our hearts, and protect us from the enemy's schemes. Pray and ask God to reveal any ways we're impeding the Spirit's work in our lives, and to lead all of us at Southview into deeper trust and faithful obedience as we entrust our lives to Him.

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10

Prayer for our congregation:

Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. Ephesians 4:15

Pray God will:

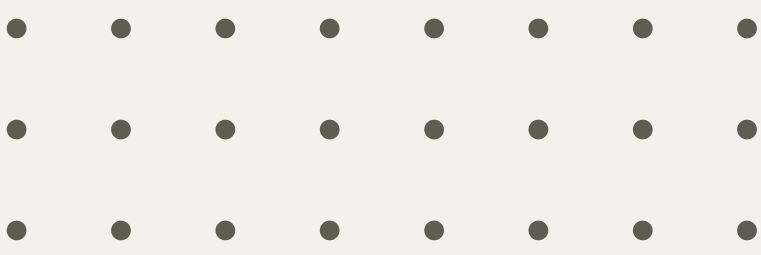
- Strengthen marriages with grace, forgiveness, and faithful love.
- Bring peace, unity, and spiritual growth within families.
- Encourage parents as they disciple their children.
- Surround children and youth with godly influences.
- Strengthen singles in our church with purpose, community, and confidence in Christ.
- Deepen friendships that encourage holiness and mutual care.
- Guard every household from division, fear, temptation, and isolation.

Prayer for the next generation and new believers:

Be on your guard; stand firm in the faith; be courageous; be strong. Do everything in love. 1 Corinthians 16:13

Pray that those who are growing in faith would become mature disciples of Jesus. Ask God to:

- Give children and youth hearts that love Jesus wholeheartedly.
- Raise up young people who courageously follow Christ.
- Help new believers develop deep roots in God's Word.
- Surround our youth, young adults, and newcomers with faithful mentors and Christian community.
- Protect them from deception, discouragement, and spiritual attack.
- Grow in perseverance, wisdom, and spiritual maturity.
- Help every believer discover and use their gifts for God's Kingdom.



Pray for our leaders and volunteers:

From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work. Ephesians 4:16

Pray:

- Pastors, elders, and ministry staff will remain deeply rooted in Christ.
- Ministry leaders and volunteers will serve with humility, wisdom, and joy.
- For protection from discouragement, pride, burnout, and distraction.
- For unity, encouragement, and mutual care among those who lead and serve.
- That all our leaders and volunteers will be anchored in the truth of God's Word.

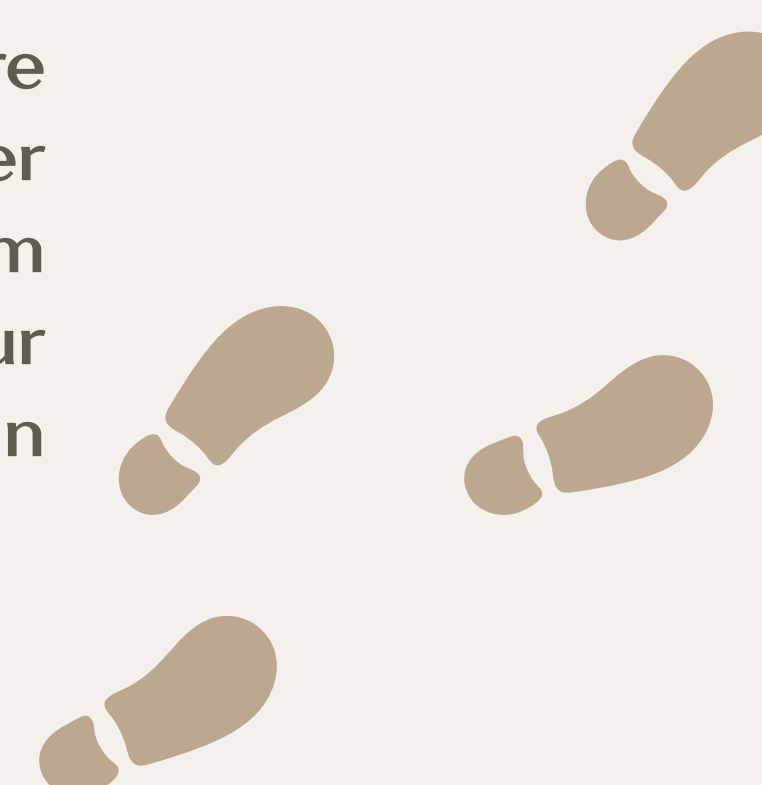
Lord Jesus, lead those who lead us. Fill them daily with Your Spirit. Deepen their love for You, strengthen their faith, and help them serve with wisdom, humility, and joy. May they continually abide in You, bearing fruit that brings glory to Your name.

*Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the **FULL ARMOR OF GOD**, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the **BELT OF TRUTH** buckled around your waist, with the **BREASTPLATE OF RIGHTEOUSNESS** in place, and with your feet fitted with the readiness that comes from the **GOSPEL OF PEACE**. In addition to all of this, take up the **SHIELD OF FAITH**, with which you can extinguish all the flaming arrows of the evil one. Take the **HELMET OF SALVATION** and the **SWORD OF THE SPIRIT** which is the word of God...With this in mind, be alert and always keep on praying for all the Lord's people. Ephesians 6:10-18*

MOVE TO STATION 6

Located in the Cardo Cafe

As you move to the next station we want to remember to continually ask God to guide our steps when we are uncertain, strengthen us when we are weak, and deliver us from every influence that would draw us away from His truth. He will grow His church in faith, guard our hearts and homes, and protect each new generation in the faith as we follow Him together.



STATION 6: KINGDOM IMPACT

For Yours is the kingdom, the power, and the glory.

God has placed us in Calgary to be His hands and feet, and share His love with our neighbors and surrounding communities.

So the word of God spread. The number of disciples in Jerusalem increased rapidly, and a large number...became obedient to the faith. Acts 6:7

Ask God to shape us into a church that reflects His heart for the city. Pray that God would lead us in:

- Loving our neighbours with compassion and humility.
- Welcoming people with grace and hospitality.
- Serving rather than being served.
- Sharing the hope of Jesus with courage and gentleness.
- Finding new opportunities to reach the lost.
- Trusting His leading and His timing in all things.



FORWARD PROJECT:

God is calling us to grow. What does that look like for us?

Moving FORWARD with one united vision:

1. To plant new locations that extend our mission outward.
2. To build a gym and additional ministry space.

PRAY AND ASK GOD TO REVEAL:

- The ways God is asking you, your family, & small group to participate in growing His Kingdom through the FORWARD Project:
- The ways God wants to use Southview to leave a generational impact in our city through this multiplication initiative.
- For God to cultivate the ground for future Southview sites and prepare our hearts to be a blessing and beacon of hope in these communities.

OUR RESPONSE:

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen. Ephesians 3:20-21

As the church, each one of us has a role to play in the redemptive impact we leave on our city. Ask God to reveal:

- Where He's already at work around you?
- Who He's inviting you to notice, love, or encourage?
- What gifts He's given you to bless others?
- What step of obedience He's asking of you this Fall?



THANK YOU FOR JOINING US!

*I urge, then, first of all, that petitions, prayers, intercession and
thanksgiving be made for all people. 1 Timothy 2:1*



